



Refresh Your Spirits
Reach New Heights

October Trek & Tour in Bhutan

Druk Path Trek and Tour

Wed 5th -Mon 17th Oct 2011

13days/12nights

Trek to 3,800
metres.
Camp in the wild
luxury Resort hotel
option.

Highlights

- 5-day trek along the former route between Paro and Thimphu.
- Visit Dzongs (monasteries), Lakhangs (temples), museums, villages & places of natural beauty.
- Short hike to Taktsang Monastery “the famous “Tiger’s Nest”. (Horse ride available on request).
- Visits to traditional arts and crafts schools and individual workshops. Watch artisans while they work.
- Evening of entertainment - performance by a traditional dance troupe and Bhutanese dining.
- Options to arrive via Bangkok, Delhi, Calcutta and Kathmandu.

About this tour

The **Druk Path Trek** from Paro to Thimphu is a short four-night, five-day trek following the old route from Paro to Thimphu, crossing the chain of mountains that separates the two valleys. Although the route is sparsely inhabited, there are wonderful lakes and the area is famous for its spectacular rhododendron forests. Especially in the clear weather of late autumn and winter there are great views of the Himalayas.

Camp at sites with fantastic views and spend your evenings relaxing over multi-course suppers cooked by our experienced trekking chefs. We supply everything to make your trek a comfortable experience: 2-person sleeping tents, mattresses, dining tent, toilet tents and tables and chairs, as well as an experienced team of helpers from guide to cooks and assistants. You carry nothing but your day-pack. We load your rucksack onto ponies and our team goes ahead to ensure that your camp and refreshments are awaiting you on arrival after an enjoyable day’s trekking.

Back down in the towns, we will take you on a tour of the sights of **Thimphu**, the capital, and **Paro & Punakha**. Visit impressive monasteries and temples where Tibetan Buddhism flourishes and red-robed boy-monks chant their prayers. The huge Dzongs are the uniquely Bhutanese feature of every town. Enjoy watching traditional craftsmen and women at work on wooden items, statues and complicated textile weavings. Relax, unwind, chat with the locals, take photos, browse in the shops.

Back in the capital, celebrate the end of your visit with an evening of classic Bhutanese dining and traditional entertainment performed by local musicians.

Bhutan Visit, P.O. Box 1334, Lhaki Lam, Thimphu, Kingdom of Bhutan. Tel/Fax: (975)-2-325811

Website: <http://www.bhutanvisit.com> E-mail: info@bhutanvisit.com

Druk Path Trek and Tour

13 days/12 nights

Flight Schedules

From Bangkok

Date	sector	Flight no	Dep	Arr
Wed 5 th Oct	BKK-PBH	KB131	0650	1000
Mon 17 th Oct	PBH-BKK	KB126	1110	1615

From Delhi

Date	sector	Flight no	Dep	Arr
Wed 5 th Oct	DEL-PBH	KB205	1115	1405
Mon 17 th Oct	PBH-DEL	KB204	0825	1015

From Kathmandu

Date	sector	Flight no	Dep	Arr
Wed 5 th Oct	KTM-PBH	KB401	0840	1015
Mon 17 th Oct	PBH-KTM	KB410	0800	0920

From Kolkata

Date	sector	Flight no	Dep	Arr
Wed 5 th Oct	CCC-PBH	KB211	1230	1420
Mon 17 th Oct	PBH-CCU	KB210	1300	1350

Outline Itinerary

- Wed 5th Oct Arrive Paro & transfer to hotel. Visit Drugyel Dzong.
- Thu 6th Oct Fullsightseeing in Paro valley. Visit the impressive Rinpung Dzong, the Ta Dzong museum and Kichu lakhang.
- Fri 7th Oct Drive to Thimphu and attend Thimphu Festival for all most the day. Visit the takin reserve, Sangaygang viewpoint and the Institute of Traditional Medicine.
- Sat 8th Oct Morning attend festival and visit Wangditse temple and Dechenphodrang monastic school.
- Sun 9th Oct Drive to Punakha. Stop at Dochula pass(300m) and take a stroll through rice fields and village in the Semi-tropical region around Chimi Lhakang(1200m) and drive to Punakha Dzong.
- Mon 10th Oct Morning in Punakha and afternoon in Thimphu, visit changgangkha temple, In the evening Circumambulat Memorial Chorten with the locals who go to turn the prayer wheel.
- Tue 11th Oct Trek starts from Thimphu - phajodhing. (5 km, 1½ hours 3,500m). A short trekking day with a gradual Climb to phojodhing through blue pine forests. During the trek you will descend to Phojoding temple and enjoy a view of Thimphu city far below.
- Wed 12th Oct Trek from Phojodhing-Jimilangtsho. (18km.4 hours 3,800m). Today you may come across some Yak herders' camps. Expect majestic views of Mount Gangkar Puensum, and other peaks.

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- Thu 13th Oct Trek Jimilangtsho- Jangchulakha.(11 km, 4 hours 3,700m). Follow the ridge for views of 6,989m. Jichu Drake mountain.Camp at Jangchulakha.
- Fri 14th Oct Trek Jangchulakha- Jele Dzong (10 km, 4 hours 3,600m). A gradual ascent through thick alpine rhododendron forests.See the yak herders camps and views of Jhomolhari mountain.
- Sat 15th Oct Trek Jele Dzong - Drugyal Dzong. (8 km, 3 hours 3,530m highest altitude). Enjoy the view of the Paro valley and peaks. A downhill trek to Drugyal Dzong (3,400m).
- Sun 16th Oct Morning hike to Taktsang Temple. (3,000m). This is a highlight of the tour.Free time leisure in Paro town.
- Mon 17th Oct Check-in at Paro Airport for flight departure from Paro.

Important Note

All our tours are offered dependent on flight and hotel availability. Since these are quite limited we recommend you book early to avoid disappointment. We request your understanding in the event of the need to alter dates and Itineraries which we would only do in order to ensure the best holiday experience for you.

**For prices & detailed itinerary please contact us at info@bhutanvisit.com
Please quote: August Student Tour.**

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